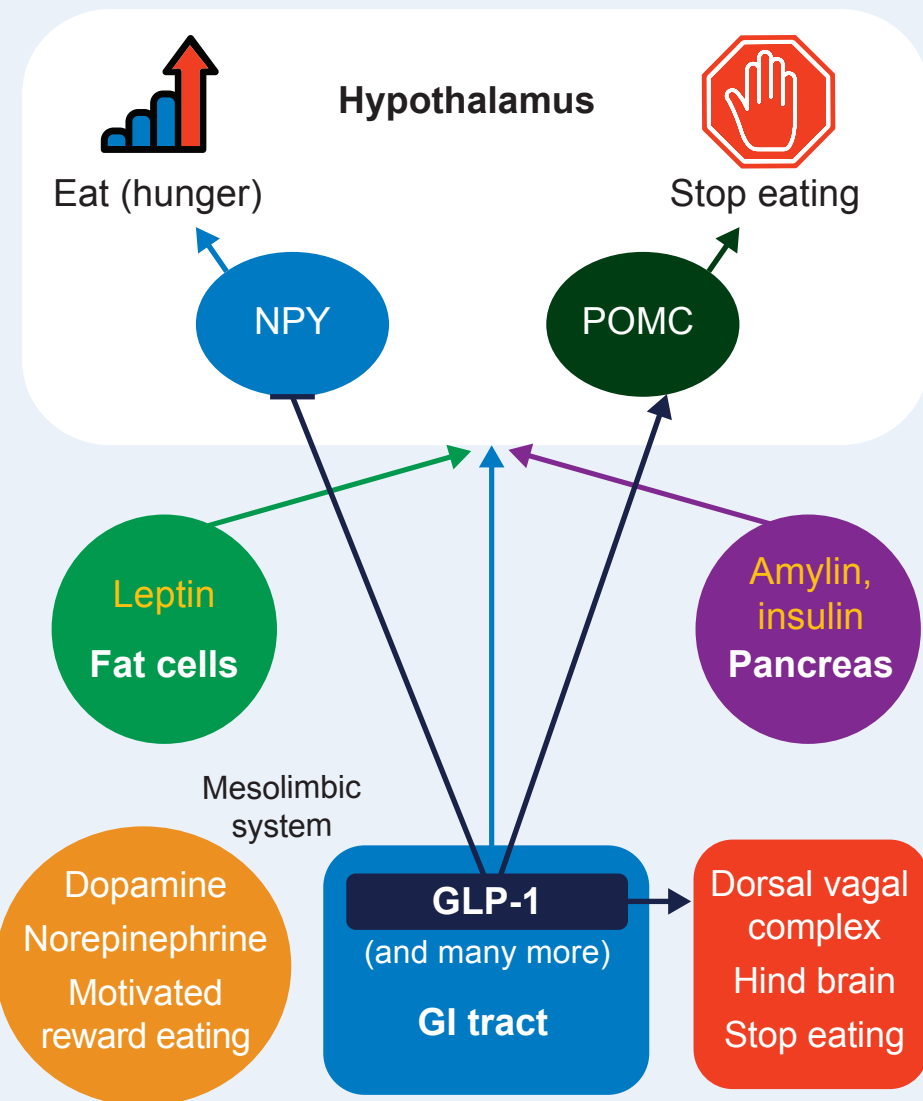


Current Recommendations for Obesity Management: Focus on Weight-Loss Medications as Tools That Can Help With the Job

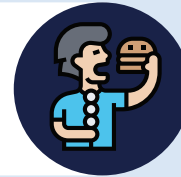
Many Pathways Regulate Food Intake¹



Physiologic Changes Make It Hard to Keep Weight Off¹⁻⁷

Hormone changes

Favor food intake

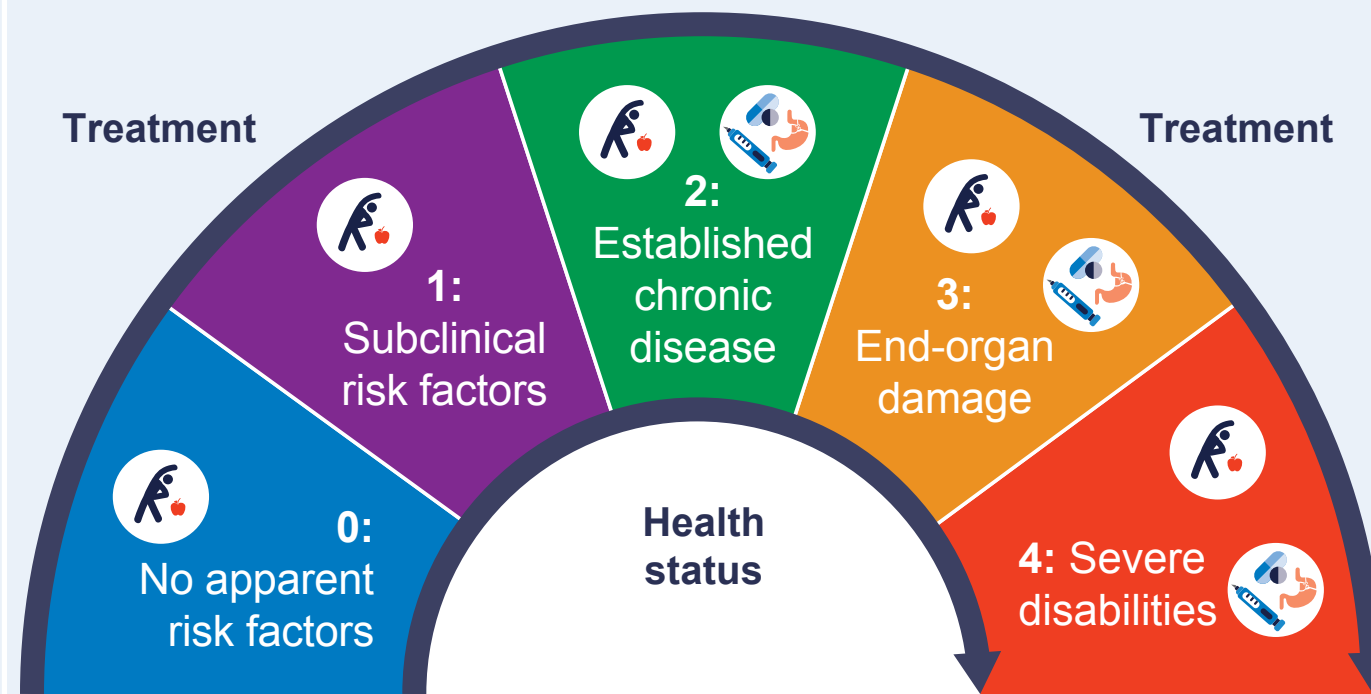


Decreased energy expenditure

Energy storage



Edmonton Obesity Staging System^{2,8,9}



Identifying Candidates for Obesity Intervention²



Anthropometric:
BMI, WC

Weight-related complications



Recommendations for Weight-Loss Medication^{2,10}



AACE

The Endocrine Society

Obesity Medicine Association